

MONDAY		
Playgroup- Riverstone	10:00am - 11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Child & Family Health Nursing Clinic	9:00am - 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Social Gardening and Life Skills Club - NDIS participants	10:00am - 1:00pm	Are you a NDIS participant looking to improve physical wellbeing, connection to community and increase life skills? Contact Dom for more information 9627 3622.
Nithyakalashetra Fine Arts Academy	6:00pm - 8:00pm	Seniors Hall. Weekly For more information Call: 0447 909 990 Email: nithyakalashetrafinearts@gmail.com
Merana Riverstone Aboriginal Men's Group	7:00pm - 9:00pm	Community Hall. Meets fortnightly. Dates: 19 October, 2 & 16 November, 14 December For more information call (02) 4588 5144 or email admin@merana.org.au

TUESDAY		
NWCS Men's Shed	10:00am - 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am - 4:00pm	Women's Domestic Violence Service. Tuesday's- fortnightly. Call to confirm dates available.
Community Fitness	10:30am - 11:30am	FREE fitness class for ALL AGES – runs during school terms only
Seniors Fitness	11:30am-12:30pm	Fitness class for 65+ Cost: \$5
ArtistHub	5:00pm-7:30pm	Community Hall. Begins October. Develop your artistic skills with structured, syllabus-based visual arts classes. Suitable for all skill levels. call: 0412 838 254



WEDNESDAY		
NWCS Men's Shed	10:00am - 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Child & Family Health Nursing Clinic	9:00am - 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Friendly Friendship BINGO	10:30am -12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	12:30pm - 3:30pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	12:30pm - 3:30pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	10:00am - 4:00pm	Second Wednesday of the month. Free legal services. Call 9627 3622 to make an appointment.
Free Tutoring Program	3:45pm -5:00pm	Educational support for students who need extra help. Please call 9627 3622 to register.
Nithyakalashestra Fine Arts Academy	6:00pm- 8:00pm	Community Hall. Weekly For more information Call: 0447 909 990 Email: nithyakalashestrafinearts@gmail.com
Iglesia Ni Cristo (Church of Christ)	6:00pm - 10:00pm	Seniors Hall. Weekly. For more information: https://iglesianicristo.net/

THURSDAY		
Service NSW	9:00am - 3:00pm	3 rd Thursday of each month. Dates- 15/10/26, 19/11/26, 17/12/26. Get help with savings finder, rebates, licensing, anything to do with Service NSW. Call 9627 3622 to make an appointment
St John Ambulance Cadets	6:30pm - 8:30pm	Seniors Hall. Weekly. School terms only. Discover great learning opportunities for young people to develop skills, serve their community through first aid, and have fun along the way. For more information: https://stjohnnsw.com.au/
AA Meeting	7:00pm - 10:00pm	Community Hall. Weekly. Having trouble with alcohol? Come and receive support. For more information: https://meetings.aa.org.au/meetings/riverstone-thursday/

FRIDAY		
FRIDAY OFFICE HOURS REMINDER	9:00am - 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
SENIOR FITNESS	10:30am -11:30am	65+ Cost: \$5
Rahlihah	12:45pm – 2:15pm	Seniors Hall. Weekly. https://rahilah.org/
Bha.Raa.Tha Academy	5:00pm- 8:00pm	Community Hall. Weekly.
Iglesia Ni Cristo (Church of Christ)	6:00pm- 9:00pm	Seniors Hall. 9/10, 13/11, 27/11, 11/12 For more information: https://iglesianicristo.net
BAPS		Seniors Hall. 2/10, 16/10, 6/11, 20/11, 4/12, 18/12 https://www.baps.org/rosehill/home

SATURDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
Art of Living	8:00am - 10:00am	Community Hall. Weekly. Meditation. For more information: 0414 102 977
Nrityalaya Dance School	10:30am - 1:00pm	Community Hall. Weekly. Indian classical dance school For more information: 0401 238 899
Telugu Church of Sydney	7:00pm – 10:00pm	Seniors Hall. 1 st Saturday of the month. https://www.teluguchurchofsydney.org/

SUNDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
Heartfulness Institute	8:30am - 9:30am	Community Hall. Weekly. Breathe. Stretch. Meditate. FREE OPEN TO ALL NO EXPERIENCE NEEDED For more information: 0486 349 981
Reach Church Riverstone	10:30am - 11:30am	Community Hall. Weekly. Sunday School For more information: (02) 9890 4121
SMVS Australia	5:00pm - 8:00pm	Sundays. Weekly. https://smvs.org/

Special Events and Programs		
VOLUNTEER WITH US	Register your interest today! Call 9627 3622 or email reception@nwcs.org.au	NWCS is seeking to increase our volunteer numbers to support our events, basic admin, playgroup, community programs and general support
NDIS – SOCIAL GARDENING & LIFE SKILLS CLUB	BY APPOINTMENT – Contact us to register your interest. Call 9627 3622 or email dorlando@nwcs.org.au	NDIS Service types include- Group and centre-based activities, development of daily living and life skills, participation in community, social and civic activities
CHILD & YOUTH COUNSELLING	BY APPOINTMENT	Counselling for ages 5-24. For information or referral please contact 9627 3622
ADULT COUNSELLING	BY APPOINTMENT	Counselling for adults 25 years +. For information or referral please contact 9627 3622

