



WHAT'S ON @

NORTH WEST COMMUNITY SERVICES INC.

9 Park Street, Riverstone
PH: 02 9627 3622
W: www.nwcs.org.au E: reception@nwcs.org.au

MONDAY

Playgroup- Riverstone	10:00am –11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Social Gardening and Life Skills Club - NDIS participants	10:00am- 1:00pm	Are you a NDIS participant looking to improve physical wellbeing, connection to community and increase life skills? Contact Dom for more information 9627 3622.

TUESDAY

NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service. Tuesday's- fortnightly. Call to confirm dates available.
Community Fitness	10:30am- 11:30am	FREE fitness class for ALL AGES – runs during school terms only
Seniors Fitness	11:30am-12:30pm	65+ Cost: \$5 – runs during school terms only

WEDNESDAY

NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	12:30pm-3:30pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	12:30pm-3:30pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	10:00am-4:00pm	Second Wednesday of the month. Free legal services. Call 9627 3622 to make an appointment.
Free Tutoring Program	3:45pm -5:00pm	Educational support for students who need extra help. Please call 9627 3622 to register.

THURSDAY

Service NSW	9:00am -3:00pm	3 rd Thursday of each month. Dates- 17/09/26, 15/10/26, 19/11/26, 17/12/26. Get help with savings finder, rebates, licensing, anything to do with Service NSW. Call 9627 3622 to make an appointment
AA Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall

FRIDAY		
FRIDAY OFFICE HOURS	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
REMINDER		
SENIOR FITNESS	10:30am-11:30am	65+ Cost: \$5

SATURDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

SUNDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

Special Events and Programs		
SENIORS FATHER'S DAY BBQ	Tuesday 1 st September 11:30am- 1:00pm	Seniors! Join us for a special Father's Day BBQ in the Community Garden. Call 9627 3622 to register.
MULTICULTURAL SENIORS LUNCH	Wednesday 30 th September 11:00am	Seniors are invited to enjoy a multicultural lunch with us. Call 9627 3622 to register.
VOLUNTEER WITH US	Register your interest today! Call 9627 3622 or email reception@nwcs.org.au	NWCS is seeking to increase our volunteer numbers to support our events, basic admin, playgroup, community programs and general support
NDIS – SOCIAL GARDENING & LIFE SKILLS CLUB	BY APPOINTMENT – Contact us to register your interest. Call 9627 3622 or email dorlando@nwcs.org.au	NDIS Service types include- Group and centre-based activities, development of daily living and life skills, participation in community, social and civic activities
CHILD & YOUTH COUNSELLING	BY APPOINTMENT	Counselling for ages 5-24. For information or referral please contact 9627 3622
ADULT COUNSELLING	BY APPOINTMENT	Counselling for adults 25 years +. For information or referral please contact 9627 3622
GAMBLE AWARE	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.



Registered
NDIS Provider

