



WHAT'S ON @

NORTH WEST COMMUNITY SERVICES INC.

9 Park Street, Riverstone
PH: 02 9627 3622

W: www.nwcs.org.au E: reception@nwcs.org.au

MONDAY

Playgroup- Riverstone	10:00am –11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Playgroup- Elara	10:00am – 11:30am	Free Community Playgroup. Please contact Kathleen for more information 9627 3622
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Social Gardening and Life Skills Club - NDIS participants	10:00am- 1:00pm	Are you a NDIS participant looking to improve physical wellbeing, connection to community and increase life skills? Contact Dom for more information 9627 3622.

TUESDAY

NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service. Tuesday's- fortnightly. Call to confirm dates available.
Community Fitness	10:30am- 11:30am	FREE fitness class for ALL AGES – runs during school terms only
Seniors Fitness	11:30am-12:30pm	65+ Cost: \$5 – runs during school terms only

WEDNESDAY

NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Playgroup- Elara	10:00am -11:30am	Free Community Playgroup. Please contact Kathleen for more information 9627 3622
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	12:30pm-3:30pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	12:30pm-3:30pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	2:00pm – 4:00pm	Second Wednesday of the month. Free legal services. Call 9627 3622 to make an appointment.
Free Tutoring Program	3:45pm -5:00pm	Educational support for students who need extra help. Please call 9627 3622 to register.

THURSDAY

AA Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall
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FRIDAY

FRIDAY OFFICE HOURS REMINDER	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
SENIOR FITNESS	10:30am-11:30am	65+ Cost: \$5

SATURDAY

HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
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SUNDAY

HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
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Special Events and Programs

SENIORS MOTHER'S DAY BRUNCH	Wednesday 13 th May 11:30am	Join us for a Mother's Day Brunch. 65+ \$5. Must be registered with both NWCS & CHSP to attend. RSVP 9627 3622
NAIDOC 2026	Thursday 9 th July	Save the date! We are excited to host another amazing NAIDOC day event. Keep an eye out on our Facebook page for more information.
VOLUNTEER WITH US	Register your interest today! Call 9627 3622 or email reception@nwcs.org.au	NWCS is seeking to increase our volunteer numbers to support our events, basic admin, playgroup, community programs and general support
NDIS – SOCIAL GARDENING & LIFE SKILLS CLUB	BY APPOINTMENT – Contact us to register your interest. Call 9627 3622 or email dorlando@nwcs.org.au	NDIS Service types include- Group and centre-based activities, development of daily living and life skills, participation in community, social and civic activities
ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA)	MONDAYS & WEDNESDAYS. By appointment. Call 9627 3622	Energy Accounts Payment Assistance (EAPA) helps people having trouble paying their energy bill because of a short-term financial hardship, crisis, or emergency.
CHILD & YOUTH COUNSELLING	BY APPOINTMENT	Counselling for ages 5-24. For information or referral please contact 9627 3622
ADULT COUNSELLING	BY APPOINTMENT	Counselling for adults 25 years +. For information or referral please contact 9627 3622
GAMBLE AWARE	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.



Registered
NDIS Provider

