

Meet the Counsellor



Vanessa.S

About Me

I have been working with young people for over 16 years. I practice expressive therapies and am passionate about my work. I grew up in Western Sydney and love Dachshunds.

Education

I have received my Masters in Counselling and Psychotherapy and Degree in Psychology. I also have graduate training in Art Therapy, Sand Tray Therapy and Play Therapy.

Favourites

- visiting art galleries
- practicing yoga
- drinking coffee
- travelling overseas
- watching movies
- being in nature
- books & reading

Contact

If you have any concerns you can contact me at vsokalik@nwcs.org.au or on 0478 070 434