



WHAT'S ON @

NORTH WEST COMMUNITY SERVICES INC.

9 Park Street, Riverstone
PH: 02 9627 3622

W: www.nwcs.org.au E: reception@nwcs.org.au

MONDAY		
Playgroup- Riverstone	10:00am –11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Financial Counselling	9:00am – 3:00pm	Financial Counselling every Monday. Call to make an appointment. 9627 3622
Playgroup- Elara	10:00am – 11:30am	Free Community Playgroup. Please contact Kathleen for more information 9627 3622
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Social Gardening and Life Skills Club - NDIS participants	10:00am- 1:00pm	Are you an NDIS participant looking to improve physical wellbeing, connection to community and increase life skills? Contact Dom for more information 9627 3622.
Footpath Library	11:30am-12:30pm	FREE books for our community. Every 2 nd Monday of the month.

TUESDAY		
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service. Tuesday's- fortnightly. Call to confirm dates available.
Community Fitness	10:30am- 11:30am	FREE fitness class for ALL AGES – runs during school terms only
Seniors Fitness	11:30am-12:30am	65+ Cost: \$5 – runs during school terms only
Tutoring Program	3:30pm – 5:00pm	Tutoring Session 4PM-5PM. During School Terms. Call for more information 9627 3622

WEDNESDAY		
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	1:00pm- 4:00pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	1:00pm- 4:00pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	2:00pm – 4:00pm	First Wednesday of the month. Free legal services – drop-in service. No appointment required.
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.

THURSDAY		
Financial Counselling	9:00am-1:00pm	Financial Counselling every Thursday. Call to make an appointment.
Beading and Handcraft Workshops	10:30am- 12:30pm	ALL AGES Clay Making Workshops Thursday fortnightly. FREE ENTRY/ ALL AGES
AA Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall

FRIDAY		
FRIDAY OFFICE HOURS REMINDER	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
SENIOR FITNESS	11:00AM-12:00PM	65+ Cost: \$5

SATURDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

SUNDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

Special Events and Programs		
SENIORS CHINESE NEW YEAR LUNCHEON	February 5 th 2025 11am – Riverstone	RSVP essential. Contact Rizwana 9627 3622
SENIORS SWIMMING	RIVERSTONE POOLS - MON 17 FEB, MON 10 MARCH, THURS 10 APRIL, THURS 22 MAY	If you are interested and are a registered senior client contact Harry 9627 3622
SENIORS MULTICULTURAL LUNCH	WEDNESDAY 19 TH February 11AM \$5	RSVP essential. Contact Rizwana 9627 3622
RAMADAN IFTAR DINNER	14 MARCH 6:45PM-8:45PM - Riverstone	RSVP essential by 12/03/24. Limited spots. Contact Rizwana 9627 3622
SENIORS MONTHLY SHOPPING TRIP	MONDAY 3 RD MARCH, MONDAY 7 TH APRIL, MONDAY 5 TH MAY 2025. \$8 for Bus transport	Bus pick up and drop off from home. RSVP essential. Contact Rizwana 9627 3622
SENIORS - EASTER TEA PARTY IN THE GARDEN	TUESDAY 22 APRIL 10:30AM-12:00PM	RSVP essential. Contact Rizwana 9627 3622
WORK CONNECT PROGRAM	BY APPOINTMENT	Help with new skills, work experience and job training. Contact Pamela 9627 3622 pwade@nwcs.org.au
ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA)	MONDAYS ONLY. By appointment. <i>*Location criteria applies</i>	Energy Accounts Payment Assistance (EAPA) helps people having trouble paying their energy bill because of a short-term financial hardship, crisis, or emergency.
CHILD & YOUTH COUNSELLING	BY APPOINTMENT	Counselling for ages 12-24. For information or referral please contact 9627 3622
ADULT COUNSELLING	BY APPOINTMENT	Counselling for adults 25 years +. For information or referral please contact 9627 3622
GAMBLE AWARE	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.



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