



# WHAT'S ON @

## NORTH WEST COMMUNITY SERVICES INC.

9 Park Street, Riverstone  
PH: 02 9627 3622

W: [www.nwcs.org.au](http://www.nwcs.org.au) E: [reception@nwcs.org.au](mailto:reception@nwcs.org.au)

### MONDAY

Playgroup- Riverstone	10:00am – 11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Financial Counselling	9:00am – 3:00pm	Financial Counselling every Monday. Call to make an appointment.
Playgroup- Elara	10:00am – 11:30am	Free Community Playgroup. <i>*FULLY BOOKED*</i> please contact Kathleen for more information
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.
Monthly Shopping Trip	9:30am – 2:30pm	65+ Shopping trips. \$8 for transport. Bus pick up /drop off. Must book. Call 9627 3622.
Footpath Library	11:30am-12:30pm	FREE books for our community. Every 2 <sup>nd</sup> Monday of the month.

### TUESDAY

WSLHD Antenatal Health Clinic	9:00am – 4:30pm	Western Sydney Local Health District Antenatal Care call 8670 8356 for an appointment
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service. NO APPOINTMENT NEEDED!
Community Fitness	10:30am- 11:30am	FREE fitness class for ALL AGES – runs during school terms only
Seniors Fitness	11:30am-12:30am	65+ Cost: \$5 – runs during school terms only
Tutoring Program	3:30pm – 5:00pm	Tutoring Session 4PM-5PM. During School Terms. Call Alex for more information 9627 3622

### WEDNESDAY

NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	1:00pm- 4:00pm	Every 2 <sup>nd</sup> Wednesday of the month. \$5 per class.
Craft Group	1:00pm- 4:00pm	Every 4 <sup>th</sup> Wednesday of the month. \$5 per class.
Legal Clinic	2:00pm – 4:00pm	First Wednesday of the month. Free legal services – drop-in service. No appointment required.
Child & Family Health Nursing Clinic	9:00am – 3:00pm	Child health and developmental checks (blue book). All aspects of parenting 0-5 yrs. Call 8670 3300 for an appointment.

**THURSDAY**

WSLHD Antenatal Health Clinic	9:00am-4:30pm	Western Sydney Local Health District Antenatal Care Call 8670 8356 for an appointment
Financial Counselling	9:00am-1:00pm	Financial Counselling every Thursday. Call to make an appointment.
Beading and Handcraft Workshops	10:30am- 12:30pm	ALL AGES Clay Making Workshops Thursday fortnightly. FREE ENTRY/ ALL AGES
AA's Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall

**FRIDAY**

FRIDAY OFFICE HOURS REMINDER	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
SENIOR FITNESS	11:00AM-12:00PM	65+ Cost: \$5

**SATURDAY**

HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
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**SUNDAY**

HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
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**Special Events and Programs**

<b>WORK CONNECT PROGRAM</b>	BY APPOINTMENT	Help with new skills, work experience and job training. Contact Pamela 9627 3622 <a href="mailto:pwade@nwcs.org.au">pwade@nwcs.org.au</a>
<b>ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA)</b>	MONDAYS ONLY. By appointment. <i>*Location criteria applies</i>	Energy Accounts Payment Assistance (EAPA) helps people having trouble paying their energy bill because of a short-term financial hardship, crisis, or emergency.
<b>CHILD &amp; YOUTH COUNSELLING</b>	BY APPOINTMENT	Counselling for ages 12-24. For information or referral please contact 9627 3622
<b>ADULT COUNSELLING</b>	BY APPOINTMENT	Counselling for adults 25 years +. For information or referral please contact 9627 3622
<b>GAMBLE AWARE</b>	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.



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