

WHAT'S ON @

NORTH WEST COMMUNITY SERVICES INC. 9 Park Street, Riverstone PH: 02 9627 3622

W: www.nwcs.org.au E: reception@nwcs.org.au

MONDAY		
Playgroup- Riverstone	10:00am –11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Playgroup- Elara	10:30am – 11:30am	Free Community Playgroup. *FULLY BOOKED* please contact Kathleen for more information
Coriander and Ginger Gardening Club	10:30am- 12:30pm	Every 2 nd & Every 4 th Monday of the month. Cost: \$5
Footpath Library	11:30am-12:30pm	FREE books for our community. Every 2 nd Monday of the month

TUESDAY		
WSLHD Antenatal Health Clinic	9:00am – 4:30pm	Western Sydney Local Health District Antenatal Care call 8670 8356
		for an appointment
Financial Counselling	9:00am – 3:00pm	Financial Counselling every Tuesday. Call to make an appointment.
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+
		Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service.
		NO APPOINTMENT NEEDED!
Mum and Bub Fitness	10:30am- 11:30am	FREE – ALL AGES
Seniors Fitness	11:30am-12:30am	65+ Cost: \$5
Tutoring Program	3:30pm – 5:00pm	Tutoring Session 4PM-5PM.
		During School Terms. Call Alex for more information 9627 3622

WEDNESDAY		
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	1:00pm- 4:00pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	1:00pm- 4:00pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	2:00pm – 4:00pm	First Wednesday of the month. Free legal services – drop-in service. No appointment required.

THURSDAY		
WSLHD Antenatal Health Clinic	9:00am-4:30pm	Western Sydney Local Health District Antenatal Care Call 8670 8356 for an appointment
Financial Counselling	9:00am-1:00pm	Financial Counselling every Thursday. Call to make an appointment.
Beading and Handcraft Workshops	10:30am- 12:30pm	ALL AGES Clay Making Workshops Thursday fortnightly from 9 May. FREE ENTRY/ ALL AGES
AA's Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall

FRIDAY		
FRIDAY OFFICE HOURS	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.
REMINDER		

SATURDAY		
HALL HIRE	AVAILABLE FOR	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.
	HIRE	

SUNDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

Special Events and Programs		
FOOTPATH LIBRARY	SECOND MONDAY OF EACH MONTH 11:30AM - 12:30PM	Come along and grab some FREE books!
WORK CONNECT PROGRAM	BY APPOINTMENT	Help with new skills, work experience and job training. Contact Pamela 9627 3622 pwade@nwcs.org.au
MENS HEALTH WEEK BBQ	11 JUNE 11AM-3PM	Join us to celebrate Men's Health Week with a BBQ in our community garden
CHRISTMAS IN JULY	23 JULY 11:30AM \$5	Celebrate Christmas in July with us 65+ Cost: \$5 – Limited spots. Please register hgale@nwcs.org.au 9627 3622
MULTICULTURAL SENIORS GROUP	15 JULY, 19 AUGUST, 16 SEPTEMBER 10:30AM-12:30PM	Come and join us for morning tea and conversation – Cost: \$5
MONTHLY SHOPPING BUS TRIP- 65+	LAST TUESDAY OF EACH MONTH 10:30AM- 2:00PM	Join us on a monthly shopping trip. \$8 for transport. Bus can pick you up and drop you home. 65+
ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA)	TUESDAYS ONLY. By appointment. *Location criteria applies	Energy Accounts Payment Assistance (EAPA) helps people having trouble paying their energy bill because of a short-term financial hardship, crisis, or emergency.
GAMBLE AWARE	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.

BUILDING A STRONGER COMMUNITY TOGETHER

