



WHAT'S ON @
NORTH WEST COMMUNITY SERVICES INC.
9 Park Street, Riverstone
PH: 02 9627 3622
W: www.nwcs.org.au E: reception@nwcs.org.au

MONDAY		
Playgroup	10:00am –11:30am	Free Community Playgroup for children 0-5 during school terms. Call Alex 9627 3622
Coriander and Ginger Gardening Club	10:30am- 12:30pm	Every 2 nd & Every 4 th Monday of the month. Cost: \$5
Zumba Gold Disco Dance classes for seniors 65+	12:00pm-12:45pm	Come along and join us for Zumba Gold. This low impact exercise program aims to increase fitness and mobility. There is no pressure to move more than you can.

TUESDAY		
WSLHD Antenatal Health Clinic	9:00am – 4:30pm	Western Sydney Local Health District Antenatal Care call 8670 8356 for an appointment
Financial Counselling	9:00am – 2:00pm	Financial Counselling every Tuesday. Call to make an appointment.
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Northwest Sydney DVCAS	10:00am – 4:00pm	Women's Domestic Violence Service. NO APPOINTMENT NEEDED!
Tutoring Program	3:30pm – 5:00pm	Tutoring Session 4PM-5PM. During School Terms. Call Alex for more information 9627 3622

WEDNESDAY		
NWCS Men's Shed	10:00am – 2:00pm	The Men's Shed is a social support program for men 65+ Cost: \$5
Friendly Friendship BINGO	10:30am-12:30pm	Every 2 nd and 4 th Wednesday of the month. 65yrs+ Cost: \$5
Card Making and Scrapbooking	1:00pm- 4:00pm	Every 2 nd Wednesday of the month. \$5 per class.
Craft Group	1:00pm- 4:00pm	Every 4 th Wednesday of the month. \$5 per class.
Legal Clinic	2:00pm – 4:00pm	First Wednesday of the month. Free legal services – drop-in service. No appointment required.

THURSDAY		
WSLHD Antenatal Health Clinic	9:00am-4:30pm	Western Sydney Local Health District Antenatal Care Call 8670 8356 for an appointment
Financial Counselling	9:00am-2:00pm	Financial Counselling every Thursday. Call to make an appointment.
Clay Making Workshops	10:30am- 12:30pm	ALL AGES Clay Making Workshops Thursday fortnightly from 15 Feb. Cost: Gold coin donation
Tech Tidbits - Digital Literacy for Seniors 65+	11:00am-12:00pm	Tech Tidbits: Digital Literacy help for seniors 65+
Dance Fitness	12:00pm-1:00pm	FREE. All ages are welcome. Fully fenced area suitable for Mums with bubs/toddlers.
AA's Meeting	7:00pm -10:00pm	Having trouble with alcohol? Come and receive support. Location: Community Hall

FRIDAY		
FRIDAY OFFICE HOURS REMINDER	9:00am- 12:30pm	REMINDER: NWCS office closes at 12:30pm on Fridays.

SATURDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

SUNDAY		
HALL HIRE	RANGE OF SPACES AVAILABLE FOR HIRE	Looking for a venue for your next event or meeting? Contact us for information on our range of spaces for hire.

Special Events and Programs		
FOOTPATH LIBRARY	SECOND MONDAY OF EACH MONTH 11:30AM - 12:30PM	Come along and grab some FREE books!
COMING SOON GARDENING GROUP WITH BRENDAN MOORE	DATES TBC – Stay tuned for updates. 11AM- 1PM RIVERSTONE COMMUNITY GARDEN	In collaboration with The Royal Botanic Gardens come down and meet Brenden Moore and join in some gardening fun.
MONTHLY SHOPPING BUS TRIP- 65+	LAST TUESDAY OF EACH MONTH 10:30AM- 2:00PM	Join us on a monthly shopping trip. \$8 for transport. Bus can pick you up and drop you home. 65+
RAMADAN IFTAR	FRIDAY 22 nd MARCH 6:30PM- 8:45PM	Join us as our special guest to celebrate Ramadan Iftar.
TEA PARTY IN THE GARDEN	WEDNESDAY 3 RD APRIL 10:30AM- 12:00PM	Join us for a Hoppy Easter Tea Party in our community garden. \$5. 65+
MORNING TEA & VISIT TO RIVERSTONE MUSEUM	TUESDAY 16 TH & WEDNESDAY 17 TH APRIL 10:30AM - 1:00PM	Come along for a visit to Riverstone Historical Society and Museum followed by morning tea. \$5. 65+
ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA)	TUESDAYS ONLY. By appointment. <i>*Location criteria applies</i>	Energy Accounts Payment Assistance (EAPA) helps people having trouble paying their energy bill because of a short-term financial hardship, crisis, or emergency.
GAMBLE AWARE	BY APPOINTMENT	Manage your gambling. Free confidential advice and support. Call 9627 3622.



LOOKING TO HIRE ONE OF
OUR HALLS?

CONTACT RECEPTION FOR
BOOKINGS



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